

Talk to your diabetes specialist nurse
for more information or visit:
www.accu-chek.co.uk/expert
www.accu-chek.ie/expert



Accu-Chek Aviva Expert is suitable for people on MDI who adjust bolus (mealtime) insulin based on the carbohydrates in their food. Users reported improved confidence in insulin dose calculation, and reduced fear of hypoglycaemia².

1. Use of an Automated Bolus Calculator in MDI Treated Type 1 Diabetes: The BolusCal Study, a Randomized Controlled Pilot Study¹ Schmidt S. et al. Diabetes Care, Feb.2012.
 2. USE OF AN AUTOMATED BOLUS CALCULATOR REDUCES FEAR OF HYPOGLYCEMIA AND IMPROVES CONFIDENCE IN DOSAGE ACCURACY IN T1DM PATIENTS TREATED WITH MULTIPLE DAILY INSULIN INJECTIONS, Katharine Barnard et al, Journal of Diabetes Science and Technology, January, 2012
- Patient comments: Accu-Chek Aviva Expert patient testimonials 2011. Data on file.

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ACCU-CHEK®

ACCU-CHEK® Aviva Expert

Roche

Empowers you to take
control of your diabetes



Easy. Safe.
Accurate.

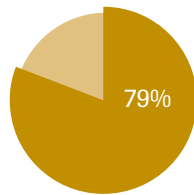
Are you on Multiple Daily Injections
and using a long acting insulin
analogue – Lantus® or Levemir®?

ACCU-CHEK®

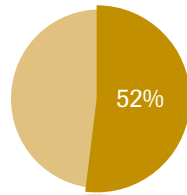
Extract from a survey of 588 of people using the Accu-Chek Aviva Expert bolus advisor system for 4-12 weeks².

Improved life with diabetes

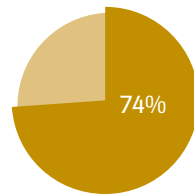
Respondents reported overall greater confidence in insulin dose calculation, and **reduced fear of hypoglycaemia...**



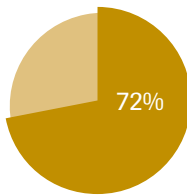
Confidence on insulin dose calculation



Reduced fear of hypoglycaemia



Control of BG levels



Improved overall wellbeing/life with diabetes

(% responded Significantly Improved or Improved)

"Combined with carb counting this device is life-changing with correction doses and notification of active insulin."

"I now feel a lot more confident giving myself corrections and I also feel like I understand more about how my insulin affects me at different times of the day."

Accu-Chek® Aviva Expert Bolus advisor system

- **Helps you achieve HbA1c targets*¹**
- **Reduced fear of hypos²**
- **Colourful, easy to read reports track your progress in an instant**



"When I see my patients now, they're a lot happier ... since they've been using the Expert their control is better, and they feel better in themselves."

Dolly, Luke's nurse.



"It's just given me a new lease of life really. I'm much more confident when I go out because I don't have this fear of a hypo happening."

Lynette.

*HbA1c testing provides an indication of your blood glucose levels for the last 2-3 months. Reductions in HbA1c decrease the risk of diabetes related complications and improve health outcomes.