

ACCU-CHEK® Insight Rapid

Infusion set

Instructions for use



ACCU-CHEK®

Fill amounts of the infusion set (U100 insulin)			
	Units (approx.)	Volume (approx.)	
Tubing length	40 cm	9 U	90 µL
	70 cm	13 U	130 µL
	100 cm	17 U	170 µL
Head set			
6 / 8 / 10 mm	2 U	20 µL	

⚠ WARNING
 Unintentional over-delivery of insulin (risk of hypoglycaemia), an occluded or leaking infusion set (risk of hypoglycaemia), infection, inflammation or tissue scarring may be caused by reusing the infusion set after use. Do not reuse. Therefore, the following applies:

- Replace the head set at least every 2 days and the transfer set at least every 6 days or at the end of your healthcare professional prescribed.

Risk of hypoglycaemia (low blood glucose level) due to unintentional over-delivery of insulin
 ➤ Do not fill the transfer set or try to remove an occlusion from the tubing long after the infusion set is attached to your body.

Risk of hypoglycaemia (high blood glucose level) due to too little insulin
 The infusion set is leaking or has an occlusion, was not fitted correctly, contains air bubbles, or the cannula became loose or clogged.

- Check your blood glucose level at least once after 1-3 hours of replacing the head set or transfer set. Check your blood glucose level at least 4 times a day. If your blood glucose level is unexpectedly high, replace the infusion set.
- If your blood glucose level should unexpectedly increase, or if an occlusion alarm occurs, check the infusion set for occlusion or leaks. If you are sure that the infusion set is working properly, replace the infusion set immediately.

Risk of infection due to contamination, transfer of bacteria or viruses (e.g. hepatitis or HIV) or injuries to third parties
 ➤ Use the product only once.

- If the sterile packaging (blister) has already been opened or is damaged, do not use the product.
- If the use-by date has expired, do not use the product.

The infusion set may have come into contact with infectious organisms. Therefore, the following applies:
 ➤ Do not use the product.
 ➤ Dispose of the used product according to local regulations. Dispose of the used head set on such a way that it will not be used by anyone else, e.g. in a sharps bin.

Risk of an infamed infusion site due to contamination
 ➤ If the infusion site is changed, replace the infusion set immediately and choose another infusion site.
 ➤ If you have a skin reaction, stop using the infusion set.

Risk of lipodystrophy (change of the subcutaneous tissue) and scarring as a result of repeatedly placing infusion sets on the same infusion site

- Rotate between different infusion sites each time you replace the head set. It is useful to have a pattern according to the following:

Risk of infection by swallowing small parts
 ➤ Keep all parts of the infusion set away from persons who may be at risk of the risk and keep all small parts in their mouth, for example, small children.

Risk of strangulation if the infusion set wraps around the neck
 ➤ Be aware of the tubing of the infusion set. Use the shortest possible length of tubing.

Note
 ➤ Before attaching the infusion set for the first time, adjust the fill amount for the transfer set and the head set into the insulin pump according to the fill amounts table.
 ➤ Choose an infusion site with sufficient subcutaneous tissue that is at least 5 cm away from the last infusion site used. The infusion site should not be too close to the waistband, belt or safety belt, not close to bones of the navel and not within scars, tattoos, injuries, bruises and skin rashes.

- Wash your hands.
- Disinfect the chosen infusion site as instructed by your healthcare team.
- Let your skin dry completely.

➤ Plug the two connectors into each other to connect the transfer set to the head set. The connectors must click into place audibly.

➤ Connect the insulin pump as described above.
 ➤ Remove the transfer set from the insulin pump.
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Instructions for use

Read these instructions for use carefully before using the infusion set. Also read the information about insulin pump therapy contained in the User's Manual of the insulin pump.

Intended use
 The Accu-Chek Insight Rapid infusion set is intended for subcutaneous infusion of insulin administered with an Accu-Chek Insight insulin pump.

Contents of the pack
 This pack contains head set.

Additional material needed
 For a complete infusion set, you also need a pack of transfer sets (Accu-Chek Insight Adapter & Tubing).

Infusion set description
Head set
 A Handling aid
 B Adhesive pad
 C Protective film
 D Needle cover
 E Cannula (tube)
 F Connector

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Gebrauchsanweisung
 Lesen diese Gebrauchsanweisung sorgfältig durch, bevor Sie das Infusionsset verwenden. Lesen Sie zusätzlich in der Gebrauchsanweisung der Insulinpumpe die Informationen zur Insulininfusion.

Vorgesehene Anwendung
 Das Accu-Chek Insight Rapid Infusionsset ist für die subkutane Insulininfusion mit Insulin bestimmt. Es ist nicht für die Insulininfusion vorgesehen.

Packungsinhalt
 Dieses Pack enthält ein Kopfset.

Zusätzlich benötigt
 Für ein vollständiges Infusionsset benötigen Sie zusätzlich eine Packung mit Schläuchen (Accu-Chek Insight Adapter & Tubing).

Beschreibung des Infusionssets
Kannle
 A Griff
 B Schutzfolie
 C Schutzfolie
 D Nadelabdeckung
 E Kanüle (Schlauch)
 F Kuppelungsstück

Füllen des Infusionssets (U100-Insulin)

Schlauchlänge	Einheiten (approx.)	Volumen (approx.)
40 cm	9 U	90 µL
	13 U	130 µL
	17 U	170 µL
Kannle		
6 / 8 / 10 mm	2 U	20 µL

⚠ WARNUNG
 Die unbeabsichtigte Infusion von Insulin (Hypoglykämierisiko), ein verstopfter oder undichtes Infusionsset (Hypoglykämierisiko), Infektionen, Entzündungen oder Gewebeschäden können durch Wiederverwendung des Infusionssets verursacht werden, das Sie nicht wiederverwenden dürfen.

- Ersetzen Sie das Kopfset mindestens 2 Tage und den Schlauch nach spätestens 6 Tagen aus oder in den Abfall.

Überprüfen Sie das Infusionsset
 ➤ Prüfen Sie, ob das Infusionsset nach 2 Tagen und den Schlauch nach spätestens 6 Tagen aus oder in den Abfall.

Hypoglykämierisiko (niedrige Blutzuckerwerte) durch eine unbeabsichtigte Infusion von Insulin
 ➤ Füllen Sie den Schlauch nicht oder versuchen Sie nicht, eine Verstopfung im Schlauch zu beseitigen, solange das Infusionsset an Ihrem Körper angeschlossen ist.

Hypoglykämierisiko (hoher Blutzuckerwert) durch zu wenig Insulin
 Das Infusionsset ist undicht oder verstopft, ist nicht richtig angeschlossen oder die Kanüle oder der Schlauch hat sich gelockert oder verschoben.

➤ Überprüfen Sie Ihren Blutzuckerwert mindestens einmal nach 1 bis 3 Stunden, nachdem Sie die Kanüle oder den Schlauch ausgetauscht haben. Überprüfen Sie Ihren Blutzuckerwert mindestens 4 Mal täglich. Wenn Ihr Blutzuckerwert aus unerklärlichen Gründen hoch ist, tauschen Sie das Infusionsset aus.

➤ Wenn Ihr Blutzuckerwert aus unerklärlichen Gründen ansonsten oder ein Warnungssignal auftritt, überprüfen Sie das Infusionsset auf Verstopfung und undichte Stellen. Wenn Sie sich nicht sicher sind, ob das Infusionsset einwandfrei funktioniert, tauschen Sie das Infusionsset sofort aus.

Kannle austauschen
 ➤ Kopieren Sie die Pumpe wie oben beschrieben ab.

➤ Ziehen Sie das Plaster der Kanüle vorsichtig nach unten zur Mitte hin ab.

➤ Ziehen Sie die Kanüle senkrecht aus der Haut und gleichzeitig das Plaster vollständig ab.

➤ Stecken Sie das Kuppelungsstück der neuen Kanüle und das Kuppelungsstück des Schlauchs zusammen.

➤ Entfernen Sie das alte Kuppelungsstück der Kanüle und des Schlauchs.

➤ Füllen Sie die Kanüle entsprechend der Gebrauchsanweisung der Insulinpumpe, bis Insulin aus der Kanüle tropft.

➤ Wenn kein Insulin aus der Kanüle tropft, wiederholen Sie das Füllen der Kanüle.

➤ Sobald Insulin aus der Kanüle tropft, können Sie den Füllvorgang abbrechen.

➤ Entfernen Sie das Plaster der Kanüle, ziehen Sie die Kanüle, z. B. in einen Kanülenverwerfbehälter.

Gefahr einer entzündeten Infusionsstelle durch Verstopfung
 ➤ Wenn Sie die Infusionsstelle austauschen, tauschen Sie jedes Mal eine andere Infusionsstelle aus. Sämtlich ist ein Muster, nach dem Sie Ihre Infusionsstellen auswählen.

Erkennungsgefahr durch Verschlucken kleiner Teile
 ➤ Bewahren Sie alle Bestandteile des Infusionssets außerhalb der Reichweite von Menschen auf, die sich der Gefahr nicht bewusst sind und kleine Teile in den Mund nehmen können, z. B. kleine Kinder.

Strangulationsgefahr durch Verschlingen des Schlauchs
 ➤ Seien Sie sich der Schläuche des Infusionssets bewusst.

